

# **Traditional meals, food and table manners in Russia, Great Britain and the USA**



# 4 Meals: Breakfast Lunch Dinner Supper



porridge [ˈpɒrɪdʒ]  
каша



chocolate [ˈtʃɒklət]  
шоколад



egg [eg]  
яйцо



milk [mɪlk]  
молоко



coffee [ˈkɒfi]  
кофе



cake [keɪk]  
кекс



cheese [tʃiːz]  
сыр



cookies [ˈkʊkiːz]  
печенье



ham [hæm]  
ветчина



bread [bred]  
хлеб



butter [ˈbʌtə]  
масло



juice [dʒuːs]  
сок



soup [suːp]  
суп



salt [sɔːlt] pepper [ˈpepə]  
соль перец



compote [ˈkɒmpəʊt]  
компот



meat [miːt]  
мясо



fish [fɪʃ]  
рыба



chicken [ˈtʃɪkn]  
курица



sausages [ˈsɒsɪdʒ]  
сосиски



spaghetti [spəˈɡetʃi]  
спагетти



pie [paɪ]  
пирог



honey [ˈhʌni]  
мед



tea [tiː]  
чай



jam [dʒæm]  
варенье

# Breakfast

## American

porridge with milk, toast with coffee, tea, milk or juice, pancakes, an omelet, or bacon and eggs.

## British

bacon, eggs and sausages, porridge and toast with a cup of tea or coffee with milk.

## Russian

an omelet, sandwiches, corn flakes, pancakes, or porridge with a cup of tea or coffee.

# Lunch

## American

(at 12 and 1 pm)

Fish and meat sandwiches, snacks.

## British

(at 12 and 2 pm)

a salad or a sandwich;  
Snacks are very popular, such as crisps, chocolate, sweets and biscuits.

# Dinner

## **American**

**(at 6 or 7 pm)**

a salad, meat,  
and a potato  
or pasta dish  
and soup;  
a dessert

## **British**

**(at 6 or 7 pm)**

meat or fish and  
vegetables;  
a dessert or  
pudding.

## **Russian**

**(at 12 and 2 pm)**

three courses – 1. a  
soup; 2. meat (fish)  
and garnish; 3. tea,  
coffee, juice or  
compote (sometimes  
a dessert).

# **Supper**

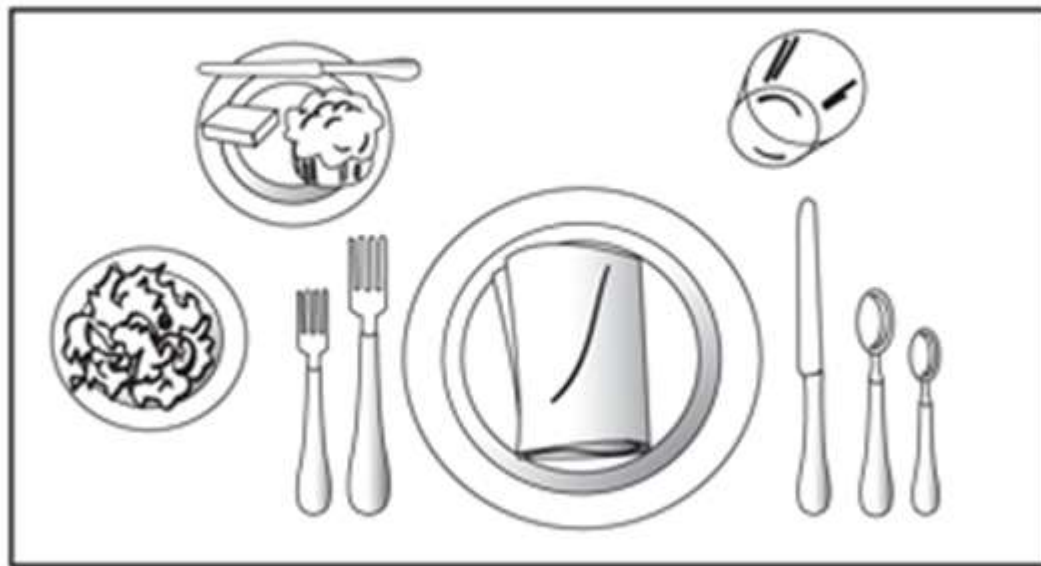
**Russian**  
**(at 7 o'clock pm)**  
**different dishes**



# Table manners



Do you live in . . . ?



"May I be excused?"  
"Please pass the \_\_\_\_\_."  
"Thank you"  
Passes left to right  
Sips soup quietly  
Raises utensils to mouth  
Washes hands first

Takes small bites (able to chew with mouth closed)  
Napkin in lap  
Helps clean up  
Participates in conversation  
Compliments the cook  
Sits up straight  
Elbows off the table

## The Polite and Right World

# **GOOD MANNERS**

- **Never read while eating**
- **Don't put your elbows on the table**
- **Don't speak with your mouth full**
- **Don't lick your spoon**
- **Use a napkin to wipe your lips and hands**
- **Be polite**
- **Sit straight**



# Homework:

**Рабочая тетрадь: стр. 70, упр. 1, 2,  
стр. 71, упр. 3.**

**Учебник: стр. 49, упр. 7а. учить слова и  
переписать их в словарь.**

**Thank you for  
attention!**